



INSPIRE

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# CURRICULUM

# PSHE/RSE



# PSHE/RSE

## Intent

We believe that a strong PSHE education is important to help our children gain the knowledge, skills and attitudes they need to develop into well-rounded members of society, who can make a positive contribution to their community.

Personal, social, health and economic (PSHE) education is an embedded part of our broad and balanced curriculum and takes into account children's spiritual, moral, social and cultural (SMSC) development and British Values are promoted throughout our PSHE scheme of work. We believe that children must be provided with a PSHE education that prepares them for the opportunities, responsibilities and experiences of adult life.

Under the new guidance issued by the DfE, as of September 2020, Relationships Education at primary school will be compulsory. We believe that, to be effective, this should be taught within a broader PSHE programmes of study. Relationships education focusses on giving children the knowledge they need to make informed decisions about their wellbeing, health and relationships, and to build their self-efficacy. Health education focusses on equipping children with the knowledge they need to make good decisions about their own health and wellbeing.

The intent of our PSHE curriculum, is to deliver lessons which are accessible to all, and help our children get the most out of the outcomes so that they know more, remember more and understand more. It is strongly tied to our relationships, relationships and sex (RSE), health education and wellbeing programme and promotes the essential foundations needed to enable children to achieve their best, academically and socially and tackle many of the moral, social and cultural issues that are part of growing up in an ever changing world.

The children will be given the vocabulary and support they need to enable them to articulate their feelings. The intention is to promote mental wellbeing and empathy across the whole school and into the community. The children in our school come from a range of family backgrounds and life experiences. We believe it is important to consider children's starting points, differing levels of knowledge and understanding and build upon these through PSHE. We want our children to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society, in terms of race, religion and relationships. We want our children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community by learning tolerance, treating each other equally, fairly, with kindness and with mutual respect, preparing them for their future lives. PSHE also encompasses health and wellbeing. We will give the children the knowledge to be able to make informed choices with regards to keeping healthy e.g. food and exercise. Our intent is also for our children to stay safe, learn to manage risks and make decisions. In an ever increasing technological world, we also want our children to use online resources safely and know how to get help when they feel unsafe

## Breadth of Study

The following is the breadth of study that our pupils will cover from Year One through to Year Six. All statutory requirements taken from the National Curriculum are included, and some of the content has been supported by Growing up with Yasmine and Tom, Kidsafe and Operation Encompass.

Key Stage 1	Key Stage 2
<ul style="list-style-type: none"><li>• Relationships</li><li>• Living in the Wider World</li><li>• Health and Well Being</li><li>• E-Safety</li><li>• Information Literacy</li><li>• RSE – Growing up with Yasmine and Tom</li></ul>	<ul style="list-style-type: none"><li>• Relationships</li><li>• Living in the Wider World</li><li>• Health and Well Being</li><li>• E-Safety</li><li>• Information Literacy</li><li>• RSE – Growing up with Yasmine and Tom</li><li>• Self-Image and Communication</li></ul>

# PSHE/RSE

## Whole School Coverage

	Autumn Term	Spring Term	Summer Term
Year 1	<ul style="list-style-type: none"> <li>Relationships – TEAM</li> <li>Operation Encompass sessions with Growing up with Yasmine and Tom Module 1 Lesson 1</li> <li>Internet Safety</li> <li>Information Literacy</li> </ul>	<ul style="list-style-type: none"> <li>Living in the Wider World – Money Matters</li> <li>Privacy &amp; Security</li> <li>Information Literacy</li> </ul>	<ul style="list-style-type: none"> <li>Living in the Wider World - Britain Relationships &amp; Communication</li> <li>Kidsafe UK with Growing up with Yasmine and Tom Module 1 Lesson 4 and 5</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>Health and Well Being – Think Positive</li> <li>Operation Encompass sessions Growing up with Yasmine and Tom Module 1 Lesson 1</li> <li>Internet Safety</li> <li>Digital Footprint – Privacy &amp; Security</li> </ul>	<ul style="list-style-type: none"> <li>Relationships – Growing Up</li> <li>Kidsafe UK with Growing up with Yasmine and Tom Module 1 Lesson 6 and 7</li> <li>Cyber Bullying</li> <li>Information Literacy</li> </ul>	<ul style="list-style-type: none"> <li>Living in the Wider World – One World</li> <li>Information Literacy</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>Relationships - TEAM</li> <li>Kidsafe UK with Growing up with Yasmine and Tom Module 2 Lesson 1</li> <li>Privacy and Security</li> <li>Relationships &amp; Communication</li> </ul>	<ul style="list-style-type: none"> <li>Living in the Wider World – Money Matters</li> <li>Information Literacy</li> <li>Respect Online</li> <li>Growing up with Yasmine and Tom Module 2 Lesson 2 and 3</li> </ul>	<ul style="list-style-type: none"> <li>Living in the Wider World – Britain</li> <li>Relationships &amp; Communication</li> <li>Operation Encompass sessions with Growing up with Yasmine and Tom Module 2 Lesson 4 and 5</li> </ul>

Year 4	<ul style="list-style-type: none"> <li>• Health and Well Being – Think Positive</li> <li>• Growing up with Yasmine and Tom Module 2 Lesson 1</li> <li>• Self-Image/Relationships &amp; Communication</li> <li>• Privacy &amp; Security</li> </ul>	<ul style="list-style-type: none"> <li>• Relationships – Growing Up</li> <li>• Kidsafe UK Growing up with Yasmine and Tom Module 2 Lesson 6 and 7</li> <li>• Internet Safety/Cyber Bullying</li> <li>• Information Literacy</li> </ul>	<ul style="list-style-type: none"> <li>• Living in the Wider World – One World</li> <li>• Copyright</li> <li>• Information Literacy</li> <li>• Operation Encompass sessions with Growing up with Yasmine and Tom Module 2 Lesson 8 and 9</li> </ul>
Year 5	<ul style="list-style-type: none"> <li>• Relationships – TEAM with Growing up with Yasmine and Tom Module 3 Lesson 1 and 2</li> <li>• Privacy &amp; Security</li> <li>• Self-Image/Relationships &amp; Communication</li> </ul>	<ul style="list-style-type: none"> <li>• Living in the Wider World - PSHE &amp; Citizenship</li> <li>• Privacy &amp; Security</li> <li>• Information Literacy</li> <li>• Operation Encompass sessions with Growing up with Yasmine and Tom Module 3 Lesson 3 and 4</li> </ul>	<ul style="list-style-type: none"> <li>• Living in the Wider World - Britain</li> <li>• Copyright</li> <li>• Information Literacy/Self Image</li> <li>• Kidsafe UK</li> </ul> <p>(Y5 Puberty Talk covers Growing up with Yasmine and Tom Module 3 Lessons 7-12)</p>
Year 6	<ul style="list-style-type: none"> <li>• Health and Well Being – Think Positive with Growing up with Yasmine and Tom Module 3 Lesson 1</li> <li>• Internet Safety</li> <li>• Relationships &amp; Communication with Growing up with Yasmine and Tom Module 3 Lesson 6</li> </ul>	<ul style="list-style-type: none"> <li>• Relationships – Growing Up with Growing up with Yasmine and Tom Module 3 Lesson 5 and 13</li> <li>• Privacy &amp; Security</li> <li>• Relationships &amp; Communication/Cyber Bullying</li> <li>• Operation Encompass sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Living in the Wider World – One World with Growing up with Yasmine and Tom Module 3 Lesson 14 and 15</li> <li>• Information Literacy</li> <li>• Self-Image &amp; Identify</li> <li>• Kidsafe UK</li> </ul>



		KS1						LKS2						UKS2					
		Year 1			Year 2			Year 3			Year 4			Year 5			Year 6		
		Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer
Knowledge Categories	Overview																		
	Relationships	■		■		■		■		■		■		■		■		■	
	Living in the Wider World					■		■	■			■		■	■				■
	Health and Well Being				■					■							■		
	E-Safety	■			■	■					■						■	■	
	Information Literacy	■	■			■			■			■			■				■
	Privacy and Security		■		■			■		■			■	■				■	
	RSE – Growing up with Yasmine and Tom	■		■	■			■	■	■	■	■	■	■	■		■	■	■
	Self-Image and Communication									■			■						■
	Kidsafe			■	■		■				■								
	Operation Encompass	■			■					■			■		■		■		■

