



Supporting Remote Home Learning for children with SEND

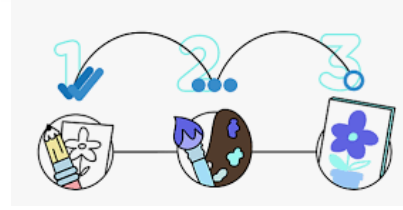
Start the day with getting up, getting dressed and having a healthy breakfast.



English Maths snack

Use a visual timetable with pictures to order what you will do today.

Break it down in to smaller bursts of time.



Date: _____
L.T. _____

First	Next	Then	Finally
1	2	3	4

Task Plan

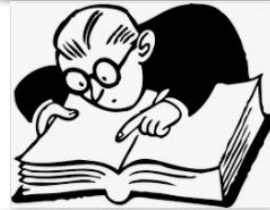
What do I need to do? _____

Anything else? _____

How long? _____

Agree an amount of work in each session – bite size pieces.

Remember previous learning if you need to.



Praise making mistakes – it is ok to get something wrong!



Praise effort as much as outcomes.



Look after your mental wellbeing – have time to relax.



Be flexible, take a break if you need to.

